

How God Views Our Worrying*Matthew 6:25-34*

Introduction: Money. Health issues. Children. Parents. Relationships. Career. Your favorite sports team. Okay, maybe that last one isn't as important, but the point is that we have a lot of issues in our lives that tend to cause us to worry. What does God think about this? What is His perspective on our worrying? Today, we are considering Matthew 6:25-34, which is a passage that gives us a window into the heart of God when it comes to the issue of worry. May this study help open our eyes to our heavenly Father's care for us and may that understanding help free us from worry.

Opening Discussion: What, if anything, caused some worry in your life this week?

Read Matthew 6:25-34

1. When Jesus says, "For this reason" in verse 25, to what is He referring?
2. What is Jesus' central command in this passage?
3. What is anxiety? How would you define it?
4. What object lessons does Jesus present to teach us about worry? What is the point of each of the lessons?
5. What do the object lessons teach us about God?

Steve said:

What you believe about God and about His attitude toward you radically affects how you live in this world. If you believe that you are worth more to God than the birds, then you can entertain the possibility that you really don't have to worry about the essentials of life; there's the possibility that even though this world is full of dangers, that you're safe. But if you aren't so sure that God cares for you or that He cares for you all the time, you're a prime candidate for anxiety and insecurity in this world.

6. Are you convinced that God really does care for you? Why or why not?

7. What does it mean to "seek first His kingdom and His righteousness" (v. 33)?
8. How does seeking first God's kingdom first relate to dealing with worry?
9. What are the main things that tend to cause worry in your life? Make a list:
10. How has worrying about these things affected you spiritually, emotionally and physically?
11. What do you sense God is saying to you from this passage?