



## SELF-CONTROL WEEK ONE

Choosing to do what you should do instead of what you want to do.

### MEMORY VERSE

"My dear brothers and sisters, pay attention to what I say. Everyone should be quick to listen. But they should be slow to speak. They should be slow to get angry." James 1:19, NIV

### BIBLE STORY

A Broken-Down Wall (Proverbs 25:28)

### BOTTOM LINE

God can give you the power to control yourself.

The logo for 252 HOME, with "252" in a large, bold, orange font and "HOME" in a smaller, bold, orange font to its right.

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### MEAL TIME

**Ask a kid:** What are some examples of how self-control protects you from getting hurt?

**Ask a parent:** Tell about a time that you felt strong because you used God's power to have self-control.



### PARENT TIME

To hear more about how you can celebrate your kid's growth and imagine the end, check out this month's Parent Link Live podcast on [www.OrangeParents.org](http://www.OrangeParents.org).

And for more mealtime questions, and great activities that you and your child can do at other times of your week, check out [www.Studio252.tv](http://www.Studio252.tv) and the Parent Cue app for your smartphone.

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