

# GAME ON

Week 4

Changing the Way You Play



## Read Proverbs 25:16

Years ago, a man thought a plant from Europe might look pretty in his United States garden. Today that plant, kudzu, covers whole forests and is almost impossible to destroy or get rid of. It took over! Too much of a good thing can be a disaster! Watch for signs that you need to stop a good thing, before it takes over and starts to control you.

Unscramble the words for some examples of good things you can overdo if you're not careful. Try thinking of your own too!

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hotlaccoe            -----  
stivinoele            -----  
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**Ask** God to help you know when it's time to stop—even good things.

Read This First

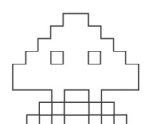
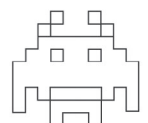
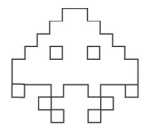
## Read Proverbs 21:8

Are you hiding how many cookies you eat after school or pretending to do home work while watching TV or playing video games? Acting sneaky = feeling guilty. If you don't want people to know you're doing something, that's a sure sign you need to stop. God wants you to be honest and use self-control to keep good things in balance.

Turn off all the lights in your room tonight and close the blinds. What can you see? Not much. Being honest is like turning all the lights on. It helps you to see things the way they really are. God sees it all (and loves you) anyway!

**Pray** for God to help you be honest with Him and others.

Read This Next: Day 1



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## Read Proverbs 15:5

What if when your dad said you could only play video games on the weekend, you complained, argued with him, and played anyway when he wasn't looking. Or ate the sugary snack Mom told you to wait and eat later? Uh oh. Big sign that you need to stop! God gave you parents to protect, help, and guide you. Looks like it's time to ask God for a big dose of self-control before this turns into a habit that's hard to break.

What does God say is most likely to happen when kids obey their parents? (Read Ephesians 6:1-3 for the answer.)

**Thank** God for giving you your parents and other adults who care about you.

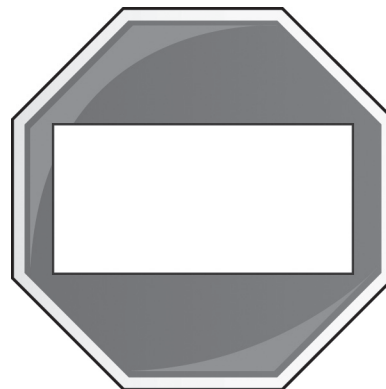
Day 2

## Read Proverbs 16:22

The final sign that you need to stop is when you end up in trouble because of your choices ... you're sick from eating cookies; you lose your computer or DS because of lying; your disobedience gets you grounded. God wants to help you control yourself so that you can choose to do what you should do, instead of always doing what you want. Then you can spend more time enjoying life instead of dealing with consequences.

Think about the "stop signs" we've studied this week. Have you seen any signs of "too much of a good thing" in your life lately? If so, write it down on the stop sign.

**Tell** God what and how you plan to "stop."



Day 3

